

Well Child Visit and Immunization Recommendations

1 month: Well Child Visit
2 months: Well Child Visit--Hib, Polio (IPV)
3 months: DTap, Prevnar
4 months: Well Child Visit--Hib, IPV
5 months: DTap, Prevnar
6 months: Well Child Visit--DTap Prevnar
7 months: No visit unless needed
8 months: No visit unless needed
9 months: Well Child Visit--IPV
12 months: Well Child Visit--Discuss Varicella administration
15 months: Well Child Visit--Hib
18 months: Well Child Visit--DTap, Prevnar
2 years: Well Child Visit--MMR (*unless African American); Start Hep B series between 2-3y/o
3 years: Well Child Visit--Start/continue Hep B series; MMR if African American
4 years: Well Child Visit--Can start Kindergarten vaccines: Dtap, IPV, MMR, or Varicella (see 1st note)
5 years: Kindergarten Physical--Give Kindergarten vaccines if not previously given (see 1st note)

*Research suggests African American children have more side effects to MMR at a younger age.

Notes

- We do not give live vaccines (MMR and Varicella) with any other vaccines. Each live virus vaccine is given separately and requires a separate vaccine visit.
- We are not recommending the Rotavirus vaccine or the Gardasil vaccine in our patients at this time. We are concerned that they have not been used long enough for their safety and efficacy to be well documented or that the risks outweigh the benefits in our population.
- We are recommending holding Hep B vaccine until the child is AT LEAST one year of age. We typically start the series between the ages of 2 and 3. This vaccine is mandated by state law before entering any public daycare or school. If your child needs the vaccine prior to enrolling in a licensed daycare program or school, it can be started as early as 2 months of age. It is a series of 3 vaccines.
- All of the vaccines in the above schedule are required for school entrance. Virginia mandates full immunization in order to be admitted to public daycare or school and we support this as current law. We offer a modified vaccine schedule depending on the individual needs of each child. The state does offer medical exemptions and religious exemptions where they apply.
- AAP's current recommendation for the flu vaccine suggests that all children from age 6 months through age 18 should be vaccinated. Flu shots are not mandated by law for school attendance. They are usually manufactured based on the strain of flu that was seen in the prior flu season, so they do not guarantee protection from this season's flu. Some studies have suggested that efficacy of the flu vaccine is as low as 13-50% depending on the season. We do recommend the flu vaccine for children with chronic respiratory problems and those with chronic illnesses and/or immunocompromised. Our office stocks preservative free flu vaccines.
- If you are interested in Hepatitis A vaccine, Trumenba (meningitis B) vaccine, or Menactra (meningitis ACWY) please ask the Provider.
- Vaccines that we do not stock can be obtained from the Lynchburg Health Department.